



Olympics Theme Day Camp

8:45 – 9:10: Registration Check In

8:45-9:10: Olympic Event Beat the Coach Challenges

- 40 Yard Dash Timed
- Shotput Throw
- Long Jump
- Jump Ropes in 1min
- _____ (Fill In)

9:10 – 9:20: Welcome / Attendance Lines / AM Announcements

9:20 – 10:00: Warm Up Games

- Opening Ceremony Performers (Making Waves – Parachute Play)
- Team Track Event (Tractionary- Running Club)
- Usain Bolt Tag (Safe Base Tag)
- Team Relay Races (Relay Races- Running Club)
- _____ (Fill In)

10:00 – 10:10: Water Break

10:10 – 10:45: Themed Sports Station Rotations

- World Cup Soccer (Soccer)
- Hockey Tournament (Floor Hockey)
- Water Polo (Handball w/goals)
- Basketball Tournament (Basketball)
- _____ (Fill In)

10:45 – 11:00: Water Break

11:00 – 11:30: Themed Project or Activity

- Crafting making Olympic medals, torches, and flags
- _____ (Fill In)

11:30 – 12:00: All Camp Game w/ Prize

- Team Relays (Coach lead team vs teams)
- _____ (Fill In)

12:00 – 12:30: Lunch or Half Day Camp Dismissal

12:30 – 1:00: Themed Sports Station Continued

1:00 – 1:30: Non-Sports or PE Themed Games

- Capture the Flag (Use each Countries Flags)
- _____ (Fill In)

1:30 – 2:45: Blow Out Game

- Team vs Team Event (Points Game)
- _____ (Fill In)

2:45 – 3:00 Closing ceremony / medal awards / dismissal