



Date: _____

Walk Up Activities: _____

Meeting Spot / Announcements (9:15am)

Warm-Up Game(s): (9:15am-9:45am) _____

Morning Stations: (9:45-11:30)

#1: _____

#2: _____

#3: _____

#4: _____

#5: _____

GROUP (11:30am – 12:00pm)

Lunch-Time (12:00-1pm):

Low Intensity Hour (1pm-2pm):

Special Activity or Pick-em: _____

Afternoon Stations: (2pm-4:00pm)

#1: _____

#2: _____

#3: _____

#4: _____

Popsicle / Dismissal (4pm – 4:30pm): _____