Training Exercise: “HIGH FIVES” Moments

**WHAT’S THE POINT?**

**This is an exercise to get in the frame of mind of the most effective way to communicate with youth participants (especially elementary aged students). Working with youth participants requires an ability to appropriately connect with each participant of a program on an individual level. It also requires an understanding that sports (or conversation about sports) may not always be the best vehicle for reaching a kid. “Seasonal Themes” play a huge role in elementary schools. Seasons are taught, discussed, explored, and even decorate a school’s walls. Using the seasons to connect with a kid is a tactic with universal success. It always works. Have this in mind when completing the exercise.**

Directions – Write down a question you can ask an elementary school student to create a “HIGH FIVES” moment. Use the below guidelines. What strategy is being used with these guidelines?

September Question: Click here to enter text.

October Question: Click here to enter text.

November Question: Click here to enter text.

December Question: Click here to enter text.

January Question: Click here to enter text.

February Question: Click here to enter text.

March Question: Click here to enter text.

April Question: Click here to enter text.

May Question: Click here to enter text.

June Question: Click here to enter text.

July Question: Click here to enter text.

August Question: Click here to enter text.