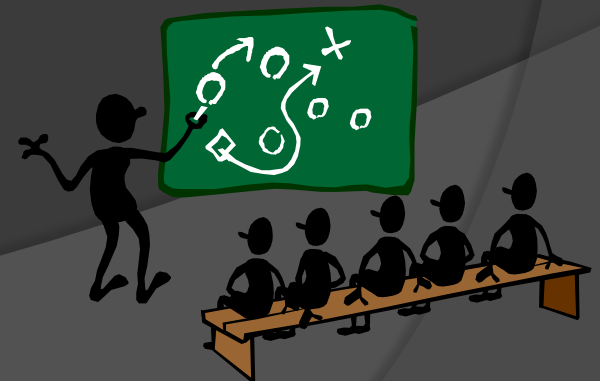


Classes with 6-10 participants

OTA SMALL CLASS SOLUTIONS

Approach to running a small class

- Prepare your PDC based on the age group just like any OTA class i.e. K-2nd & 3-5th
- Over prepare with games for ANY small class. Ex. Instead of the 5 games, write down 10 games.
- Turn the class into a 'practice'. With small enrollment numbers, use it to your advantage and work with players one on one. Practice the fundamentals of the sport individually during the class.



Younger Group

K-2nd Grades

1. *Skills:* Having a small number of kids allows you to concentrate on the "skills" of the sport. Use the small class to your advantage; make the class a 'practice' and focus the players to work on their fundamentals i.e. dribbling, shooting, etc... Put them through individual drills.
2. *One on One Teaching:* Take the time to work with each participant individually when practicing the skill.
3. *Games, games, games:* Younger group games should be mostly warm up games. Games will go fast and participants will get tired of games quickly. After 1 or 2 rounds of a games....move on to the next.



Tips for K-2nd



- Use water breaks in between EACH game.
- Huddle up after practicing a skill to review with players the fundamentals and proper techniques.
- Create 'Beat the Coaches' challenges for players to attempt. Ex: Coach Chris made 5 baskets in 1min.....score to beat is 5.
- Over prepare on your PDC. You **MUST** have 10 games listed each day for a small K-2nd grade class.

Older Group

3-5th Grades

1. *Skills:* Same as the younger approach. Small class size is a great way to work on players fundamental skills. Have players work on their game and do some one on one teaching. Give them a work out and stress repetition! Ex. “Put up a ton of shots”.
2. *Scrimmaging:* the majority of the hour should be ALL scrimmaging. 3 on 3, 4 on 4, etc... Break into teams and Go!



Tips for 3-5th

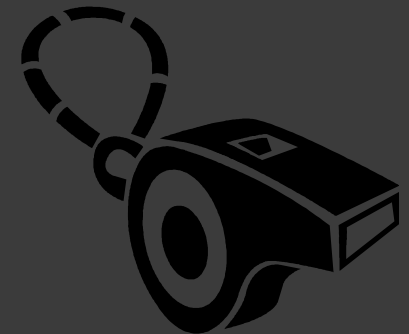
- ◎ Things to consider during a small scrimmage (i.e. 3 on 3, etc):
 - Player's skill level.
 - Sport you are playing.
 - Rules of the game.
- **Scrimmages with small numbers can be a very exciting atmosphere if you get involved. If you see the game or players struggling, step in and become a “free pass” or “extra player” for each team.
- ◎ Skills: Create stations for players to rotate through i.e. shooting station, dribbling, rebounding, etc...
Work with players one on one.



Games that work for either group

- ◉ Sharks & Minnows
- ◉ Ice Monster
- ◉ Bump & Bite
- ◉ Wall Ball
- ◉ Cool Corner
- ◉ Jingle Jangle
- ◉ Soda Fountain
- ◉ Relay Races
- ◉ Steal the Bacon
- ◉ Tag tournament
- ◉ Spud
- ◉ Capture the Flag
- ◉ Dodge-ball
- ◉ Knock-out (basketball)
- ◉ Penalty Shootout (soccer)

If something isn't working... move on!





An Hour can be a Long
Time!!!

Be prepared!
Don't rush!
Have Fun with it!

Remember:
**Just because its low in
enrollment doesn't mean it
should be low in FUN!!!**