



OTA Wiffle Ball / Baseball Camp  
Day 1 – Monday

8:45 – 9:10: Registration Check In

8:45-9:10: Throw Around and Coaches Challenge

- Home Run Derby (5 Pitches)
- \_\_\_\_\_ (Fill In)

9:10 – 9:20: Welcome / Attendance Lines / AM Announcements

9:20 – 9:30: Stretching

9:30 – 10:00: Warm Up Game

- Ground Ball Eliminator
- Tag Ball
- \_\_\_\_\_ (Fill In)

10:00 – 10:10: Water Break

10:10 – 10:45: Skill Stations & Fundamentals

- Throwing & Fielding Grounders
- Catching & Fielding Flyballs
- \_\_\_\_\_ (Fill In)

10:45 – 11:00: Water Break

11:00 – 11:30: Practice Games

- NCAA Scrimmage Games
- MLB Scrimmage Games

11:30 – 11:55: Blow Out Game

- 500
- \_\_\_\_\_ (Fill In)

12:00 – 12:45: Lunch or Half Day Camp Dismissal

12:45 – 1:00: Attendance Lines / Make Teams w Coaches

1:00 – 1:30: Team BP & Fielding Practice

1:30 – 2:45: Practice Games

- NCAA Scrimmage Games
- MLB Scrimmage Games
- \_\_\_\_\_ (Fill In)

2:45 – 3:00: Wrap Up / Recap and Preview / Awards / Dismissal



OTA Wiffle Ball/ Baseball Camp  
Day 2 – Tuesday

8:45 – 9:10: Registration Check In

8:45-9:10: Throw Around and Coaches Challenge

- Target Practice (Throwing at 5 Spots)
- \_\_\_\_\_ (Fill In)

9:10 – 9:20: Welcome / Attendance Lines / AM Announcements

9:20 – 9:30: Stretching

9:30 – 10:30: Warm Up Games

- Race Track
- Down Down Down
- \_\_\_\_\_ (Fill In)

10:30 – 10:40: Water Break

10:40 – 11:00: Skill Stations & Fundamentals

- Hitting
- Base Running
- Throwing & Fielding Ground Balls
- \_\_\_\_\_ (Fill In)

11:00 – 11:15: Contest

- Home Run Derby – All Camp

11:15 – 11:45: Practice Games

- NCAA Scrimmage Games
- MLB Scrimmage Games
- \_\_\_\_\_ (Fill In)

11:45 – 11:55: Blow Out Game

- Squeeze Play
- \_\_\_\_\_ (Fill In)

12:00 – 12:45: Lunch or Half Day Camp Dismissal

12:45 – 1:00: Attendance Lines / Make Teams w Assigned Coaches

1:00 – 1:30: Team BP & Fielding Practice

1:30 – 2:45: Team Games – Schedule

- NCAA Games
- MLS Games

2:45 – 3:00: Wrap Up / Recap and Preview / Awards / Dismissal



OTA Wiffle Ball/ Baseball Camp  
Day 3 – Wednesday

8:45 – 9:10: Registration Check In

8:45-9:10: Throw Around and Coaches Challenge

- Race to First Base (Timed)
- \_\_\_\_\_ (Fill In)

9:10 – 9:20: Welcome / Attendance Lines / AM Announcements

9:20 – 9:30: Stretching

9:30 – 10:30: Warm Up Games

- Mine – Mine
- Around the Wheel
- Cut Off
- \_\_\_\_\_ (Fill In)

10:30 – 10:40: Water Break

10:40 – 11:00: Demonstration

- OTA Coach Talk – Hitting Stance & Swing Mechanics
- \_\_\_\_\_ (Fill In)

11:00 – 11:45: Team Games – Schedule

- NCAA Games
- MLB Games
- \_\_\_\_\_ (Fill In)

11:45 – 11:55: Blow Out Game

- Numbers Game
- Pickle / Running Bases
- \_\_\_\_\_ (Fill In)

12:00 – 12:45: Lunch or Half Day Camp Dismissal

12:45 – 1:00: Attendance Lines / PM Announcements

1:00 – 1:30: Team BP & Fielding Practice

1:30 – 2:45: Team Games – Schedule

- NCAA Games
- MLB Games
- \_\_\_\_\_ (Fill In)

2:45 – 3:00: Wrap Up / Recap and Preview / Awards / Dismissal



OTA Wiffle Ball/ Baseball Camp  
Day 4 – Thursday

8:45 – 9:10: Registration Check In

8:45-9:10: Throw Around and Coaches Challenge

- 500/Fliers Up
- \_\_\_\_\_ (Fill In)

9:10 – 9:20: Welcome / Attendance Lines / AM Announcements

9:20 – 9:30: Stretching

9:30 – 10:30: Team Games – Schedule

- NCAA Games
- MLB Games
- \_\_\_\_\_ (Fill In)

10:30 – 10:40: Water Break

10:40 – 11:15: Skill Stations & Fundamentals

- Base Running
- Sliding
- Pitching
- \_\_\_\_\_ (Fill In)

11:15 – 11:45: Team Games – Schedule

- NCAA Gams
- MLB Games
- \_\_\_\_\_ (Fill In)

11:45 – 11:55: Blow Out Game

- Merry Go Round
- Grounball Eliminator
- \_\_\_\_\_ (Fill In)

12:00 – 12:45: Lunch or Half Day Camp Dismissal

12:45 – 1:00: Attendance Lines / PM Announcements

1:00 – 1:30: Team BP & Fielding Practice

1:30 – 2:45: Team Games – Schedule

- NCAA Games
- MLB Games
- \_\_\_\_\_ (Fill In)

2:45 – 3:00: Wrap Up / Recap and Preview / Awards / Dismissal



OTA Wiffle Ball/ Baseball Camp  
Day 5 – Friday

8:45 – 9:10: Registration Check In

8:45-9:10: Throw Around and Coaches Challenge

- **Coaches vs Campers Groundball Eliminator**
- \_\_\_\_\_ (Fill In)

9:10 – 9:20: Welcome / Attendance Lines / AM Announcements

9:20 – 9:30: Stretching

9:30 – 10:30: Tournament Playoff Games

- **NCAA First Round Matchups**
- **MLB First Round Matchups**
- \_\_\_\_\_ (Fill In)

10:30 – 10:40: Water Break

10:40 – 11:15: Contests (First Rounds)

- **Home Run Derby**
- \_\_\_\_\_ (Fill In)

11:15 – 11:55: Tournament Playoff Games

- **NCAA Second Round Games**
- **MLB Second Round Games**
- \_\_\_\_\_ (Fill In)

12:00 – 12:45: Lunch or Half Day Camp Dismissal

12:45 – 1:00: Attendance Lines / PM Announcements

1:00 – 1:30: Contests (2<sup>nd</sup> Rounds & Finals)

- **Home Run Derby**
- \_\_\_\_\_ (Fill In)

1:30 – 2:45 Tournament Playoff Games

- **NCAA Championship & Consolation Games**
- **MLB Championship & Consolation Games**
- \_\_\_\_\_ (Fill In)

2:45 – 3:00 Wrap Up / Recap and Preview / Awards / Dismissal