Center Stage:

• This segment of camp is designed to be a low-intensity activity that the entire camp can participate in at the same time. Participation may simply be listening or watching what is taking place, or it could include active participation in whatever is going on.

OPTIONS:

CAMP COUNSELOR DEMONSTRATION

- Who is a part of the team and what unique skills and talents do they have?
 - This demonstration should be very well planned out
 - o What does the space require?
 - o What equipment, gear, supplies are needed?
 - o How much time does it take?
 - o Is there audience participation?
 - o Does anyone else on staff need to help out?
 - Samples:
 - o Musical Demonstration
 - o Martial Arts Demonstration
 - o Gymnastic Demonstration
 - o Outdoorsman Demonstration
 - o Magic Demonstration
 - o "Special Skills" Demonstration

GUEST SPEAKER

- Outside of someone already on staff, is there someone that can come to camp to speak or lead
 a demonstration and/or activity?
 - This option should be very well planned out?
 - o Is the date and time confirmed?
 - o Is there compensation for the Guest Speaker?
 - Have you spoken to Guest and have a clear understanding of what will take place? (is the speaker prepared!)
 - o What does the space require?
 - o What equipment, gear, supplies are needed?
 - o How much time does it take?
 - o Is there audience participation?
 - Samples:
 - o Fire Department
 - o Police Department
 - o Animal Handler
 - o Athlete

- o Pilot
- Doctor/Dentist/Nutritionist/Trainer
- o Soldier

TALENT SHOW / SHOW & TELL

- Start promoting the idea to campers early, offering examples of the types of talents they can show off or what they can bring in to share.
- Encourage a variety of talents other than singing and dancing, such as sports demonstrations and sketch comedy.
- Be clear early on about expectations and rules, especially with costumes and song lyrics.
- Be clear on the time each participant has.
- Confirm with each camper their talent or show and tell item prior to the day of the show.
- Make sure you test any equipment needed, and make sure counsellor's help with logistics and know their roles.
- Set up viewing and performing area.
- Make sure campers watching know the rules of being a good audience member.
- Know how transitions will go from one participant to the next.
- OPTION: Counsellor only Talent Show / Show and Tell

ALL CAMP MEETING TOPICS

- Picking a discussion topic that the entire camp can consider and talk about is a great low intensity activity that hopefully generates some audience participation and can also address themes that youth campers find themselves confronted with
 - o Sportsmanship
 - o Healthy Choices vs. Unhealthy Choices
 - o Fitness and Nutrition
 - o How to be a good practice player
 - o How to be a good teammate
 - o How to be a good friend
 - o What makes a good coach
 - o How to help the Environment

HOW TO's

- Teaching campers something unique and different is a great summer activity.
 - o Consider the number of campers
 - o Consider the space
 - Consider the degree of difficulty
 - o Consider the age groups
 - Samples:

- o Yoga
- o Meditation / Mindfulness
- o Manners & Etiquette
- o Dancing Class
- o Tie Knots
- o Sports Skill
- o Whistle
- o Shuffle Cards
- o Make a Hat out of Newspaper
- o Tell a Joke
- o Origami
- o Juggle
- o Balance Spoon on Nose
- o Make Shadow Puppets
- o Catch Popcorn in Your Mouth

DID YOU KNOW'S

- This can be a low intensity segment that covers a wide range of interesting topics
 - Preparing for this segment and making it age appropriate is essential
 - Visuals can be key to successfully capturing the attention of the campers
 - Sample Topics
 - o History
 - o Geography
 - o Meteorology
 - o Space
 - o Animals
 - o Countries