

## OTA Focus – Spring Session Boost Strategies

The Spring Session can come with its own set of challenges. PTA Coordinators begin to see the finish line of the long school year and might not be as interested or motivated to engage in after school programming. Students are often inundated with extracurricular activities and find themselves over scheduled with Sports Team, Religious Classes, Theater and/or Musical Performances, etc. Providing a menu to school contacts that accomplishes both low stresses to organize and schedule and better probability of enrollment are the goals of these Spring Session Boost Strategies:

### 1. Non-Traditional Field Day Programming – “Spring Fling”

This special ‘Field Day’ sports program utilizes the curriculum that OTA implements in our after-school programs. Activities will include games, contests, traditional sports, and student’s favorites like Capture the Flag and Kick Ball.

Fun and fantastic games for everyone!

*OTA is offering this special program during one of the school years final weeks in the month of May and June.*

Program Logistics:

Time: 3:00(ish)pm – 6:00(ish)pm (depending on when the school day ends)

Dates: Any day in May or June

Fee: \$40 per participant (includes T-shirt, drinks, and snack)

Minimum Enrollment: 20 students

THIS EXCITING EVENT...

- Fantastic special activity for a class to celebrate a successful school year
- Wonderful potential for end of the year PTA Fundraiser
- Terrific prelude for family picnic to congratulate students and to welcome in Summer
- Perfect variety of games to accommodate any age group, skill level, or athletic interests

**NOTE: For Information on securing, pricing, and operating TRADITIONAL ALL CLASS or ALL SCHOOL FIELD DAY PROGRAMS see OTA Summer Camp Manual > OTA PTA Camp and Special Programming Document**

## 2. Special Activity Programming – “All For 1”

This ONE DAY After School Program is designed for students to compete, laugh, and blow off some end of the school year steam! OTA’s “All For 1” Spring Program has students go all in, to play for one afternoon, high energy games in this sports tournament environment

Program Logistics:

Time: 90 Minutes (starting right after school)

Dates: Any afternoon

Fee: \$30 per participant (includes Medal for each participant and Drinks)

Minimum Enrollment: 20 Students

THIS EXCITING EVENT...

- Can be held indoors (gym) or outdoors
- Can be structured around teams of 3 signing up together
- Can be an All-Girl or All-Boy activity
- Special Activities to Choose From:
  - Basketball
  - Floor Hockey
  - Soccer
  - Handball
  - Wiffle Ball
  - Numbers Game
  - Dodgeball
  - Four Square
  - Countdown
  - GaGa

### 3. Fitness Emphasis Programming – “Iron Kid” (with Parent Option)

This ONE DAY Friday afternoon Program (OR Saturday) is designed to be an individual challenge (or include a parent option) for students to demonstrate their fitness and strength against their classmates. This youth decathlon type of event can be structured to cater to a drop-in format on a Saturday as well as be an opportunity to have an end of the school year school fundraiser with a portion of each registration fee going to the PTA

Program Logistics:

Time: Right After School OR Saturday (AM or PM block)

Dates: Friday or Saturday (drop in feature on Saturdays)

Fee: \$20 per participant (includes Medal for each participant and Drinks)

Minimum Enrollment: 20 Students

THIS EXCITING EVENT...

- Can be held indoors (gym) or outdoors
- Can include a Parent/Child Team Competition Concept
- Individual Events to Choose From:
  - **40-yard dash**
  - **Speed Bounce**
  - **Standing Long Jump**
  - **Running Long Jump**
  - **Obstacle Course Time**
  - **Distance football throw**
  - **Accuracy Toss / Target Throw**
  - **Hi-Stepper**
  - **Soft Javelin**
  - **Shuttle Run**
  - **Vertical Jump**
  - **Chest Push**
  - **Number of sit-ups in one minute**
  - **Number of push-ups in one minute**
  - **Foul Shot, Soccer Shot, Hockey Shot, Golf Chip Shot**

#### 4. Mini-Week Programming – “OTA Blitz”

The OTA Blitz Program is designed to highlight one of the weeks during the Spring Semester to give students a special opportunity to participate in a condensed form of after school clubs. Many students who logistically can't or aren't interested in ASP Clubs for an entire session are given an opportunity to participate in this condensed format. It's a win-win for everyone. Participants of the OTA Blitz will also receive a special discount offer for OTA Summer Camps.

Program Logistics:

Time: 1 hour after school

Dates: 2 or 3 or 4 days in a row

Fee: Varies

- 2-day program = \$25 per participant
- 3-day program = \$35 per participant
- 4-day program = \$45 per participant

Minimum Enrollment: 10 Students

THIS EXCITING EVENT...

- Can be held indoors (gym) or outdoors
- Offerings chosen from OTA ASP Catalogue
- Curriculum can also be designed around sport specific clinic program (Skill Development)
- Curriculum can also be designed around Team Play Tournament Format for specific or multiple sports

**Program Note:** HIGH FIVES FORMULA – life lesson segment of mini-week program

\*Each class will spend either the first five minutes or the last five minutes talking about one of the topics below. Five things will be discussed that help achieve the following (Handout for Participants Included):

1. Being a Good Sport
2. Being a Good Teammate
3. Being a Good Athlete: Practice Makes Perfect
4. Being Healthy: Fitness/Health/Nutrition